November 2026 Wahroonga Social Centre - 6274 3748

Rise
it's a good day for it

Monday	Tuesday	Wednesday	Thursday	Friday
02 **Centenary House to join us For Morning Tea** Lunch In Afternoon Singalong	03 Join Centenary House for Melbourne Cup Celebrations Sweep Stakes from $1 Prize for best hat! 	04 M/Tea In Guest Speaker from Mundaring Hills Historical Society, talk on Heritage Buildings Lunch In	05 **Picnic M/Tea** Lake Leschenaultia  Lunch In Connect4 in the garden	06  M/Tea in Conversation Uno **Lunch At** The Abbey, Swan Valley Menu from $15
09 **Picnic Morning Tea** With Centenary House At Glen Forrest Train Park **Lunch at** Po Pos Chinese Restaurant Midvale Celebrating Seniors Week	10 **Join all our centres For a Picnic at Sculpture Park-Mundaring. Outdoor fun and games Visit from MR Whippy** Celebrating Seniors Week	11 **M/Tea at**  Gracie's Café-Forrestfield Drive to BlackBoy Hill Memorial Park-Greenmount Lunch In Celebrating Seniors Week	12 M/Tea In Mini Golf (MR)  **Lunch at** The Abbey-Swan Valley Menu from $20 Celebrating Seniors Week	13 M/Tea In Morning Drive to Supreme Plants-Swan Valley Lunch In Scattergories on the board  Celebrating Seniors Week
16 M/Tea In Outdoor Games Bean Bag Toss/ Bocce' Lunch In Pin the Tail (MR)	17 M/Tea In  Conversation Uno **Lunch out** Victoria Hotel-Toodyay (MR) $20 Senior Menu	18 M/Tea In Outdoor Games  **BBQ Lunch in The garden** 	19 M/Tea In Pick a Stick Game Coin Flick Challenge Lunch in Quiz-What's this tool? International Men's Day	20 **M/Tea at** Bellevue Cottage (MR) Cafe **Join Centenary House for Lunch**
23 M/Tea In **Centenary to join Us for the day** Lunch In What's your Favourite song ??? 	24 M/Tea In Celebrate Diwali Festival-Festival of lights Enjoy some Indian foods Lunch In 	25 M/Tea In Pick the difference YouTube **Lunch at** Stirling Arms Hotel-Guildford Seniors Menu from $19	26 M/Tea In Morning Quiz On YouTube Picnic Lunch-Red Rooster At Tomato Lake (MR)	27 M/Tea In Craft-Decoupage (MR) Choose your bottle/box Lunch In 
30 M/Tea In Chair Soccer Out in the garden Centenary House for Lunch	Celebrating Seniors	INTERNATIONAL MEN'S DAY NOVEMBER 19	LEST WE FORGET	Rise it's a good day for it

Only additional expenses will be shown on the program. MR-Members Request . Activities are Subject to Change.